

Weekly Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
'Chef's Hot Fayre'	Cottage Pie	Chicken Tikka Masala with 50/50 Rice	Baked Gammon With Pineapple	Beef & Vegetable Casserole with Herb Dumpling	Home-Made Cod Fish Cakes with Lemon
'Vegetarian Option'	Courgette & Tomato Bake	Macaroni Cheese	Chickpea Aloo Gobi with 50/50 Rice	Vegetable Ravioli in Mushroom & Tomato Sauce	Vegetable Chow Mein with Egg Noodles
Vegetables	Garden Peas & Carrots Croquette Potatoes	Sweetcorn Kernels Jacket Wedges	Cauliflower Cheese Green Beans Roast Potatoes	Mixed Vegetables Creamed Potatoes	Mushy Peas Chipped Potatoes
Dessert	Rice Pudding with Two Fruits	Apple & Sultana Crumble with Custard	Sticky Toffee Sponge with Custard	Bakewell Tart with Custard	Pears with Chocolate Sauce

ALSO AVAILABLE DAILY

- Fresh garden salad and home-made coleslaw and baked beans as an alternative to vegetables.
- Salads – crisp and fresh.
- Pasta – cold pasta pots made with tuna or cheese.
- Sandwiches – made fresh on site everyday.

- Deli-Bar – made for you while you wait, choose your bread, choose your filling.
- Freshly made pizza, toasted panninis, and hot baked potatoes with fillings.
- Hot pasta pot with a meat or vegetarian option everyday.
- Fresh and dried fruit, fresh fruit salad and yoghurts.
- Chilled plain and flavoured water, hot or cold beverage.